

A scenic landscape at sunset. The sky is a mix of purple, pink, and orange. In the foreground, a large, dark tree stands on a grassy slope. In the background, a valley is visible with a river or stream winding through it. The overall mood is peaceful and serene.

Welcome to the
'Spirit of the Land'
Weekend Retreat
Chittering, Western Australia
11-13 October 2019

Connect to the spirit of the land...



Your guide

is the wonderful Amanda Hopley, an experienced Body Talk practitioner and Naturopath from Perth, Western Australia.

Amanda's life journey has allowed her to discover more of what she loves and to be of service. She began her working career as a Flight Attendant due to her love for people and travel. Naturotherapy called soon after, allowing for deeper connection with people and supporting their health physically. Closely followed by Body Talk & Reiki to balance emotional, mental and energetic aspects.



Amanda is warm, fun, real and very passionate about women's health. She finds great joy in helping women who are feeling overwhelmed to regain their energy, motivation and inner harmony. She has a special gift in guiding you gently with seemingly no agenda, allowing you to discover at your own pace and in your own time. Amanda's gifts will help you to release and rebalance your whole being on this joyous and very sacred journey.

"I feel truly blessed to have shared in the feminine energy and soulful exchange of feelings with yourself and the other amazing women in the group, which allowed each of us to connect deeply within without judgement or fear of rejection. It was extremely important to have that amount of free time over the two days so I could immerse myself in the beautiful Gaia, Mother Earth energy and replenish my soul."
H.B, June 2018



Connecting in with Mother Earth, embracing nature, feeling empowered!

Price and Inclusions

11 – 13 October 2019 \$670 per person

Connect in to the Spirit of the Land at the stunning Moondyne Country Retreat, which is surrounded by pristine state forest on all four boundaries. Located in Lower Chittering, it has breathtaking views down to the Avon River and across the valleys of the Avon National Park. Kangaroos, kookaburras, emus, cockatoos, ancient lemon scented eucalypt trees, brightly coloured wattles ~ Australian native bush at its best. Explore this beautiful 1800-acre property and its peaceful surrounds.



Your retreat includes...

- ◆ 2 nights accommodation in your own cabin with private facilities
- ◆ All meals included (breakfast, lunch, dinner and tea breaks)
- ◆ Meditation, Mindfulness, beautiful bush walking, connecting in nature... you will have many opportunities to relax and unwind
- ◆ Sharing powerful tools to support you through mental, emotional and physical stress
- ◆ Facilitated by Amanda Hobley ~ Naturopath and BodyTalk practitioner

From Friday 11th October at 4pm to Sunday 13th October at 2pm

Join us on this very special retreat with the wonderful Amanda. As this is a very personalised experience, we only have a small amount of cabins available, so if you are interested to find out more, contact Amanda on 0405 344 149 or email info@amandahobleynaturopath.com.au

Booking Form

SPIRIT OF THE LAND RETREAT ~ WITH AMANDA
11 - 13 October 2019



SURNAME _____ FIRST NAME _____

CONTACTS: PHONE HOME _____ MOBILE _____

ADDRESS _____

EMAIL _____ DATE OF BIRTH _____

SKYPE _____ Do you have Facetime? _____

ANY DIETARY ALLERGIES _____

MEDICAL CONDITIONS WE NEED TO BE AWARE OF _____

EMERGENCY CONTACT - NAME _____ NUMBER _____

NON-REFUNDABLE DEPOSIT - \$150 PER PERSON DUE WITHIN 7 DAYS OF BOOKING. PAID _____
(Please refer to our Terms and Conditions for payment options)

FINAL BALANCE – DUE ON OR BEFORE THE 30th SEPTEMBER 2019. PAID _____

How did you hear about us ? _____

I have read, understood and agree to the attached Terms & Conditions for my Journeys of the Spirit retreat.

Signature _____ **Date:** _____ *Thank you!*

Email your booking form to Julie Baker at spirit@iinet.net.au
Or via post: PO Box 4428, Myaree 6960 Western Australia.

Journeys of the Spirit Pty Ltd

Terms & Conditions

Bookings:

All reservations can be made directly to **Journeys of the Spirit** by:

Phone/sms/Whatsapp/Viber/Facetime:

In Australia: 0427 766 716

International: +61 (0) 427 766 716

Email: spirit@iinet.net.au

Skype: julie.baker.journeys

Web: www.journeysofthespirit.com.au

Address: PO Box 4428, Myaree 6960 Western Australia

To assist us in fulfilling your requirements efficiently, please provide us with the following details for each person on your completed and signed Booking Form:

- ◆ Your surname and first name
- ◆ Contact details including phone number and email address
- ◆ Date of birth
- ◆ Any special requirements ie. special dietary meals, medical conditions and any other details we need to be aware of
- ◆ Emergency Contact details

Deposits

A non refundable deposit of AUD \$500 per person or as otherwise stated on your Booking Form is required within 7 days of booking to secure your reservation.

Final Balance

Due **4 weeks prior** to your Journeys of the Spirit retreat or as otherwise specified.

Payment

Payments can be made by cash, cheque, telegraphic transfer, direct credit, credit card or PayPal. If paying by credit card or Paypal please email us so we can send you the link to do this online. The merchant fee for using credit card or PayPal is between 2 - 3%, dependent on your card. Please make these payable to **Journeys of the Spirit Pty Ltd**.

Bank Account details:

BSB: 016 376

Account: 298625571

Name: Journeys of the Spirit Pty Ltd Trust account

SWIFT code: ANZBAU3M

ANZ Melville, Western Australia

Please put your surname and retreat / date as the reference and advise us via email or sms of your receipt number.

Cancellation Policy

Time	Cancellation fee
After full payment and more than 10 days prior to the retreat	50% cancellation fee per person and any supplier cancellation fees.
After full payment and less than 10 days prior to the retreat	100% cancellation fee

Refunds

No refund is available for cancellations or amendments after the retreat has commenced, or in respect of any transportation, accommodation, activities, meals, treatments or any other services not utilised.

Journeys of the Spirit Pty Ltd and its agents act only as an agent for participants in all matters relating to accommodation, transport, sightseeing, activities, experiences, tours, restaurants, guide services, spa and retreat facilities and it's facilitators, and shall not be liable for any accident, death, irregularity, injury, loss or damage caused by or arising out of services offered by Journeys of the Spirit Pty Ltd.

Immersing, connecting and learning from the wisdoms of our indigenous healing elders and sacred sites of our world, Journeys of the Spirit creates wellness retreats, spiritual journeys and unique travel experiences to a range of destinations such as Bhutan, Spain, India, Italy, Japan, Scandinavia, Peru, France and Hawaii.

Journeys of the Spirit takes a holistic approach in creating these journeys and designs personalised itineraries that provide a balance of exploration and indulgence. These are no ordinary holidays. They are an extraordinary opportunity for you to feel rested, energetic, engaged, connected & excited about life!

Journeys of the Spirit Ptd Ltd

In Australia: 042 77 66 716

International: +61 42 77 66 716

Email: spirit@inet.net.au

Skype: [julie.baker.journeys](https://www.skype.com/name/julie.baker.journeys)

Postal Address: PO Box 4428, Myaree 6960 Western Australia

Website: www.journeysofthespirit.com.au

Connect with us

