

# Spirit of the Land Retreat with Amanda

*Connecting in with Mother Earth, embracing nature, feeling empowered!*

**29 June – 1 July 2018**      **\$590 per person**

Connect in to the Spirit of the Land at the stunning Moondyne Country Retreat, which is surrounded by pristine state forest on all four boundaries. Located in Lower Chittering, it has breathtaking views down to the Avon River and across the valleys of the Avon National Park. Kangaroos, kookaburras, emus, cockatoos, ancient lemon scented eucalypt trees, brightly coloured wattles ~ Australian native bush at its best.

Explore this beautiful 1800-acre property and its peaceful surrounds.



*Your retreat includes...*

- ◆ 2 nights accommodation in your own cabin with private facilities
- ◆ All meals included (breakfast, lunch, dinner and tea breaks)
- ◆ Meditation, Mindfulness, beautiful bush walking, connecting in nature... you will have many opportunities to relax and unwind
- ◆ Sharing powerful tools to support you through mental, emotional and physical stress
- ◆ Facilitated by Amanda Hobley ~ Naturopath and BodyTalk practitioner

*From Friday 29<sup>th</sup> June at 4pm to Sunday 1<sup>st</sup> July at 2pm*

*Join us on this very special retreat with the wonderful Amanda. As this is a very personalised experience, we only have a small amount of cabins available, so if you are interested to find out more, contact Amanda on **0405 344 149** or email [info@amandahobleynaturopath.com.au](mailto:info@amandahobleynaturopath.com.au)*



**AMANDA HOBLEY**  
*Reconnect & Restore*

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