



Welcome to
the “Spirit of the Land”
Weekend Retreat

26 - 28 October 2018

Connect to the spirit of the land...



Your guide

is the wonderful Amanda Hopley, an experienced Body Talk practitioner and Naturopath from Perth, Western Australia.

Amanda's life journey has allowed her to discover more of what she loves and to be of service. She began her working career as a Flight Attendant due to her love for people and travel. Naturotherapy called soon after, allowing for deeper connection with people and supporting their health physically. Closely followed by Body Talk & Reiki to balance emotional, mental and energetic aspects.



Amanda is warm, fun, real and very passionate about women's health. She finds great joy in helping women who are feeling overwhelmed to regain their energy, motivation and inner harmony. She has a special gift in guiding you gently with seemingly no agenda, allowing you to discover at your own pace and in your own time. Amanda's gifts will help you to release and rebalance your whole being on this joyous and very sacred journey.

"I feel truly blessed to have shared in the feminine energy and soulful exchange of feelings with yourself and the other amazing women in the group, which allowed each of us to connect deeply within without judgement or fear of rejection. It was extremely important to have that amount of free time over the two days so I could immerse myself in the beautiful Gaia, Mother Earth energy and replenish my soul."
H.B, June 2018



Connecting in with Mother Earth, embracing nature, feeling empowered!

Price and Inclusions

26 - 28 October 2018

\$590 per person

Connect in to the Spirit of the Land at the stunning Moondyne Country Retreat, which is surrounded by pristine state forest on all four boundaries. Located in Lower Chittering, it has breathtaking views down to the Avon River and across the valleys of the Avon National Park. Kangaroos, kookaburras, emus, cockatoos, ancient lemon scented eucalypt trees, brightly coloured wattles ~ Australian native bush at its best. Explore this beautiful 1800-acre property and its peaceful surrounds.



Your retreat includes...

- ◆ 2 nights accommodation in your own cabin with private facilities
- ◆ All meals included (breakfast, lunch, dinner and tea breaks)
- ◆ Meditation, Mindfulness, beautiful bush walking, connecting in nature... you will have many opportunities to relax and unwind
- ◆ Sharing powerful tools to support you through mental, emotional and physical stress
- ◆ Facilitated by Amanda Hobley ~ Naturopath and BodyTalk practitioner

From Friday 26th October at 4pm to Sunday 28th October at 2pm

Join us on this very special retreat with the wonderful Amanda. As this is a very personalised experience, we only have a small amount of cabins available, so if you are interested to find out more, contact Amanda on 0405 344 149 or email info@amandahobleynaturopath.com.au

 **Journeys of the Spirit**
—discover your inner essence—


AMANDA HOBLEY
Reconnect & Restore

Booking Form

SPIRIT OF THE LAND RETREAT ~ WITH AMANDA 26 - 28 October 2018



SURNAME _____ FIRST NAME _____

CONTACTS: PHONE HOME _____ MOBILE _____

ADDRESS _____

EMAIL _____ DATE OF BIRTH _____

SKYPE _____ Do you have Facetime? _____

ANY DIETARY ALLERGIES _____

MEDICAL CONDITIONS WE NEED TO BE AWARE OF _____

EMERGENCY CONTACT - NAME _____ NUMBER _____

NON REFUNDABLE DEPOSIT - \$150 PER PERSON DUE WITHIN 7 DAYS OF BOOKING. PAID _____
(Please refer to our Terms and Conditions for payment options)

FINAL BALANCE – DUE ON OR BEFORE THE 8th October 2018. PAID _____

How did you hear about us ? _____

I have read, understood and agree to the attached Terms & Conditions for my Journeys of the Spirit retreat.

Signature _____ Date: _____ *Thank you!*

Email your booking form to Julie Baker at spirit@iinet.net.au
Or via post: PO Box 4428, Myaree 6960 Western Australia.

Immersing, connecting and learning from the wisdoms of our indigenous healing elders and sacred sites of our world, Journeys of the Spirit creates wellness retreats, spiritual journeys and unique travel experiences to a range of destinations such as Bhutan, Spain, India, Italy, Japan, Scandinavia, Peru, France and Hawaii.

Journeys of the Spirit takes a holistic approach in creating these journeys and designs personalised itineraries that provide a balance of exploration and indulgence. These are no ordinary holidays. They are an extraordinary opportunity for you to feel rested, energetic, engaged, connected & excited about life!

Journeys of the Spirit Ptd Ltd

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Connect with us

